

SRE Curriculum provision

Academies and free schools – Funding Agreements require these schools to have regard to DfE’s statutory guidance on sex and relationship education – see SRE guidance

What is Sex and Relationship Education?

It is lifelong learning about physical, moral and emotional development. It is about the understanding and importance of stable and loving relationships, respect, love and care. It is also about the teaching of sex, sexuality and sexual health.

There is a POS delivered through Years 7 – 11 which covers the statutory requirements and other issues which are of concern with in the local area. These are delivered by Big Talk Education and through the Life curriculum at KS3.

Overall figures:

Year 7 – 3 hours

Year 8 – 6 hours

Year 9 – 4 hours

Year 10 – 1 hour workshop

Year 11 – 1 hour workshop

Organisation and Methods of Teaching

SRE is delivered in class, as appropriate, by class staff. Staff endeavour to answer questions as and when they arise as simply as possible with the relevant information to hand. Students are taught in mixed sex groups. For certain elements of the programme single sex and individual tuition may be necessary.

Melior Community Academy works within a curriculum covering different areas of SRE, such as managing your emotions and feelings, keeping safe and saying no and acceptable public and private behaviour. This will be implemented to students at the time it is most appropriate to do so. Specific needs will be responded to and incorporated into our planning.

Confidentiality

Students will be informed that 100% confidentiality cannot be assured. For any suspected Child Protection concerns the school will follow Academy referral policy.

Life POS, all 1hr:

Year 7 1/3

- Why is it important to have good personal hygiene?

Year 7 2/3

- How does puberty change girls?

Year 7 3/3

- How does puberty change boys?

Year 8 1/5

- What pressures could you face in a relationship? Pupils investigate who & why people put others under pressure in relationships & know how to deal with these pressures correctly.

Year 8 2/5

- What are the consequences of risky behaviour? Pupils investigate the possible dangers and consequences of irresponsible behaviour in a relationship.

Year 8 3/5

- Risky behaviour – misconceptions & contraception. Pupils investigate how much of what teenagers say & hear about relationships is inaccurate & what responsible choices should be made.

Year 8 4/5

- What are STI’s? Pupils investigate the causes & effects of some common STI’s amongst teenagers.

Year 8 5/5

- What is HIV & AIDS? Pupils investigate the causes & consequences of HIV & AIDS.

We are aware of the sensitive nature of some topics and will aim, where possible, to bring in outside companies/agencies to deliver a tailored session suited to the specific needs of our students

Big Talk Education sessions, all 1hr):

- Year 8 for Boys SWAIRS (Safe Ways to Access Information about Relationships & Sex) how to stay safe when looking for information on-line. Too many boys are accessing inappropriate sites and assuming that is how sex is in real life. This Workshop myth-busts and stresses the importance of respect and consent
- Year 8 for Girls CSE (Child Sexual Exploitation) Girls this age can be targeted on and off line, we focus on off-line grooming as it is a topic that seems to be an ever present modern danger
- Year 9/1. Personal Safety and Risk Taking;
- Ground rules, Social Norms and underage sexual behaviour 20/80 rule
- Sex and Language (understanding the words the Big Talk Team and others use) Reproduction, Puberty Changes, Periods, Consent etc. (update from previous learning)
- Sex and the Law, Risky behaviour and consequences, including pregnancy myths, alcohol, technology, rights & responsibilities, confidentiality
- Year 9/2 Relationships and Sexuality:
 - "Ask it Basket" for anonymous traditional & contemporary dilemmas/questions
 - Positive Friendships & Relationships, Abusive Relationships, Peer Pressure, Sexual Norms and those portrayed in the media. Internet safety; chat rooms and the dangers of inappropriate web sites. Sexual orientation, growing up gay, transgender, challenging homophobia and female genital mutilation
- Year 9/3. Infections and Protection
- Self-esteem with relationships. STI's, what are they, how are they transmitted, their effects, which ones can be cured (and which can't). Safer sex; condom information and demonstration. How to access condoms, consent and communication skills
- Year 9/4. Relationships and Parenthood;
 - The effects of unplanned pregnancy. Contraception; modern methods and availability. What to expect in pregnancy. The whole concept of "consent" including the effects of alcohol and our behaviour within relationships. "Sex Test" to measure individual learning. Evaluation and Feedback
- Year 10 Specialist Workshop on topics such as, Communication & Consent in Relationships.
- Year 11 SRE Catch Up. We do a one hour catch up of the essential issues: unplanned parenthood, contraception, correct condom use, STIs, consent

All students in our academy receive SRE as part of their KS3 and KS4 curriculum. Melior Community Academy is committed to working with parents. Under the education act of 1993 students can be withdrawn by their parents from parts of sex education that are outside of the compulsory elements contained in the National Curriculum. If you wish to withdraw your child from this part of the curriculum please address your request in writing to the Principal at the academy.